## Girivihar Trust's Shree RMD Ayurved College and Hospital, Waghaldhara, Dist-Valsad, Gujarat REPORT OF SARVAROG NIDAN CAMP AND DISTRIBUTION OF GUDUCHI TABLETS

In connection with celebration of "Azadi Ka Amrit Mahotsav", Girivihar Trust's Shree RMD Ayurved College and Hospital, Waghaldhara, Dist-Valsad, Gujarat organized a Sarvarog Nidan Camp and distribution of Guduchi tablets at K B Patel School, Bilimora, Dist-Navsari, Gujarat on 12-01-2022.

In the program health check-up of staff and their relatives of K B Patel School was carried out along with distribution of free medicines. A team of doctors comprising of Dr. Hemant Patel, Dr. Yashesh Patel, Dr. Prajakta Karale and Dr. Dinal Tandel carried out the health check up of 55 patients. Interns and nursing staff of the institution helped in organizing the health check-up camp.

In the program Dr. Hemant Patel, Associate Professor and HOD, Dept. of Prasutitantra and Streeroga at Shree RMD Ayurved College and Hospital educated women on maintaining health by diet and lifestyle practices as described in Ayurveda. Dr. Dinal Tandel, Assistant Professor, Department Agadatantra, Shree RMD Ayurved College and Hospital delivered a lecture on thyroid diseases. Smt. Roshni Patel, Principal of K B Patel School, Bilimora graced the occasion. This was followed by distribution of immune booster Guduchi tablets sponsored by Ministry of AYUSH, Govt. of India, provided by Institute of Teaching and Research in Ayurveda (ITRA) distributed through Shree RMD Ayurved College and Hospital to teaching and non-teaching staff of the school. Dr. Prajakta Karale, Assistant Professor, Dept. of Swasthavritta and Yoga educated the staff of the school about benefits of Guduchi tablets.

