

**Girivihar Trust's Shree RMD Ayurved College and Hospital, Waghaladhara, Dist-  
Valsad, Gujarat**

**REPORT OF PROGRAM ON DISTRIBUTION OF ASHWAGANDHA GHANAVATI**

In connection with celebration of "Azadi Ka Amrit Mahotsav", Shree RMD Ayurved College and Hospital organized a program on distribution of immune booster Ashwagandha Ghanavati to frontline workers on 29-07-2022 at Police Station, Nanponda, Gujarat. 20 police personnel received packages of Ashwagandha Ghanavati sponsored by ministry of AYUSH and provided by Institute of Training and Research in Ayurveda, Jamnagar, Gujarat. Dr. Yogesh Desai, Campus Director, explained the importance and method of consuming Ashwagandha Ghanavati. Dr. Nimesh Thakor, Associate Professor, Dept. of Roganidana, Shree RMD Ayurved College and Hospital were present in the program.

