

**Girivihar Trust's Shree RMD Ayurved College and Hospital, Waghaladhara, Dist-
Valsad, Gujarat**

REPORT OF PROGRAM ON DISTRIBUTION OF ASHWAGANDHA GHANAVATI

In connection with celebration of "Azadi Ka Amrit Mahotsav" a program on distribution of immune booster Ashwagandha Ghanavati to staff of State Bank of India, Bilimora branch, was organized on 26-07-2022 at State Bank of India, Bilimora, Gujarat. Packages of Ashwagandha Ghanavati sponsored by ministry of AYUSH and provided by Institute of Training and Research In Ayurveda, Jamnagar, Gujarat were distributed to the staff. Dr. Prajakta Karale, Associate Professor, Dept. of Swasthavritta delivered a talk on usage of Ashwagandha Ghanavati. Dr. Dinal Khatri, Assistant Professor, Dept. of Agadatantra, Shree RMD Ayurved College and Hospital was present in the program.

