

Girivihar Trust's

Shree RMD Ayurved College and Hospital, Waghaldhara, Dist-Valsad, Gujarat

REPORT OF TALK ON TRAYOPASTAMBHA

In connection with celebration of "Azadi Ka Amrit Mahotsav" Shree RMD Ayurved College and Hospital, Waghaldhara, Dist-Valsad, Gujarat organized an Ayurveda Awareness Program in Panchal Seva Samaj, Bilimora, Dist-Navsari, Gujarat on 28-6-2022. Dr. Prajakta Karale, Associate Professor, Department of Swasthavritta, Shree RMD Ayurved College and Hospital delivered a talk on "**Importance of Trayopastambha in maintenance of health**" to the members of Sahiyar and Radheshyam group. Dr. Dinal Khatri, Assistant Professor, Dept. of Agadatantra was present on the occasion.

