

**Girivihar Trust's Shree RMD Ayurved College and Hospital, Waghaladhara, Dist-
Valsad, Gujarat**

REPORT OF PROGRAM ON DISTRIBUTION OF ASHWAGANDHA GHANAVATI

In connection with celebration of "Azadi Ka Amrit Mahotsav", Shree RMD Ayurved College and Hospital organized a program on distribution of immune booster Ashwagandha Ghanavati to frontline workers on 30-07-2022 at Town Police Station, Vapi, Valsad, Gujarat. 38 police personnel received packages of Ashwagandha Ghanavati sponsored by ministry of AYUSH and provided by Institute of Training and Research In Ayurveda, Jamnagar, Gujarat. Dr. Rajesh Ratani, Principal and Medical Superintendent, explained the importance and method of consuming Ashwagandha Ghanavati. Dr. Yogesh Desai, Campus Director and Dr. Nimesh Thakor, Associate Professor, Dept. of Roganidana, Shree RMD Ayurved College and Hospital were present in the program.

