

Shree RMD Ayurved College and Hospital, Waghalhdhara, Dist-Valsad, Gujarat

REPORT OF HEALTH AWARENESS & WOMAN EMPOWERMENT PROGRAM

In connection with celebration of "Azadi Ka Amrit Mahotsav" NSS unit and Department of Swasthavritta and Prasootitantra and Streeroga of Shree RMD Ayurved College and Hospital, Wagahldhara, Dist-Valsad, Gujarat jointly organized a health awareness and woman empowerment program in V. S. Patel College of Arts and Commerce, Bilimora, Dist-Navsari, Gujarat on 16-9-2021. As many as 165 women including college students participated in the program. Dr. Prajakta Karale, Assistant Professor, Department of Swasthavritta delivered a lecture on role of Pathya and Aphyta in maintenance of immunity. Dr. Hemant Patel, Associate Professor, Department of Prasootitantra and Streeroga delivered a lecture on importance of Garbhasamskara while Dr. Chandini, Assistant Professor, Department of Prasootitantra and Streeroga threw light on the topic various regimens during reproductive years of a woman. This was followed by health check-up of women and free medicines were distributed. The program was graced by Dr. Rajesh Ratani, Principal and Medical Superintendent, Dr. Yogesh Desai, Campus Director and Dr. Nimesh Thakor, Vice-principal of Shree RMD Ayurved College and Hospital and Dr.Arvind R Bajaj., Principal, V.S. Patel College of Arts and Commerce.

