

Girivihar Trust's Shree RMD Ayurved College and Hospital, Waghaldhara,

Dist-Valsad, Gujarat

REPORT OF ESSAY WRITING COMPETITION

In connection with celebration of "Azadi Ka Amrit Mahotsav and in relation to upcoming International Day of Yoga 2022 essay writing competition was organized in Shree RMD Ayurved College and Hospital, Waghaldhara, Dist-Valsad, Gujarat on 11-6-2022 by Department of Swasthavritta and Yoga. 15 students of the institution participated in the competition which was based on the theme of this year "Yoga for humanity". Dr. Vibhuti Chaudhary, Assistant Professor, Dept. of Panchakarma and Dr. Chandini K C, Assistant Professor, Dept. of Prasutitantra and Streeroga evaluated the essays.

