

Shree RMD Ayurved College and Hospital, Waghaldhara, Gujarat

Department of Swasthavritta and Yoga

REPORT OF VISIT TO VASUDHARA MILK DIARY, ALIPORE, CHIKHLI

An educational visit of III professional B.A.M.S. students to a milk diary was organized by Department of Swasthavritta and Yoga on 21-10-2021. 61 students accompanied by two faculties of Department of Swasthavritta and Yoga namely Dr. Aditya Bhat, Associate Professor and Head and Dr. Prajakta Karale, Assistant Professor, visited Vasudhara Milk Diary, Alipore, Chikhli. In this visit the students got themselves acquainted with the functioning of milk diary including various steps involved in the maintenance of milk hygiene. Mr. Sarang Ingole, Assistant Manager, Vasudhara Diary, explained the various steps in processing of milk including pasteurization and escorted the students to each unit of the diary where they could practically see the entire process. Also, the students learned the processing of various milk products like curd, butter milk, butter and ghee. Overall, the entire visit was very useful in imparting the practical knowledge of water purification process.

