

**Shree RMD Ayurved College and Hospital, Waghaldhara, Gujarat**

**Department of Swasthavritta and Yoga**

**REPORT OF VISIT TO NATUROPATHY CENTRE**

An educational visit of III professional B.A.M.S. students to "Punarnava-An integrated centre for well-being," Valsad was organized by Department of Swasthavritta and Yoga on 23-10-2021. 50 students accompanied by two faculties of Department of Swasthavritta and Yoga namely Dr. Aditya Bhat, Associate Professor and Head and Dr. Prajakta Karale, Assistant Professor, visited the integrated treatment centre to gain the practical knowledge of various treatment procedures of naturopathy. Dr. Rakhi Thakkar, Consultant Paediatrician, delivered a lecture on integrated approach for treating various diseases along with case presentations. Dr. Manish Shah, Naturopathy physician, escorted the students to various therapy sections of the centre where students could see various equipments used in naturopathy. Overall, the entire visit was very useful in imparting the practical knowledge of naturopathy.



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Dept. of Swastahvritta & Yoga